



Break 100

# Understand your slice

Knowing why you slice the ball will help you make the corrective moves to rid your game of that nasty left-to-right ball flight for good, says Bob Wood

## Why do you slice?

Nearly all of us have suffered with a slice at some point or another, but very few have cured it. Why? Because we don't understand the reason why we slice. The main cause is the right shoulder moving ahead of the hips in the downswing, we are too eager to get our dominant right side into the shot and throw our right shoulder over the top at the ball. This simple one-arm drill will train your left shoulder to lead and the right shoulder to stay back. Make a few practice swings without a ball and, when you feel comfortable, introduce the ball. Hit 10 shots one-handed, then go back to your two-handed swing. You should have engrained the new muscle memory to strike the shot straight without a slice.

### LEFT ARM ONLY SWING

Select a short iron, rest it square on the ground and take your normal grip in your left hand only. From this position, all you have to do is simply turn the left shoulder under your chin to swing the club back.

### LEFT SHOULDER LEADS

Keeping the right side back forces you to learn the correct sensation of the left shoulder initiating your downswing. The left arm should pull the club down to strike the ball.

### PIN RIGHT SIDE BACK

Hold an iron in your right hand and turn your right shoulder to rest the butt of the club on the ground directly behind you. Keep the shaft upright and your arm straight to pin your right shoulder back.

Back to basics  
Part 4  
The slice

### ATTACK FROM THE INSIDE

The club should approach the ball from an inside path, close to your right shoe. Allow the forearm to rotate, to square the club up to the target at impact.

